

Training Opportunity



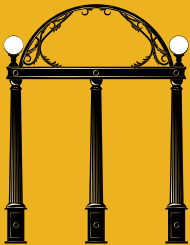
Strong African American Families

Strong families help make strong kids who can persist through difficult circumstances and make wise choices. That's intuitive, and sure enough, our research has confirmed it. Research conducted at the Center for Family Research at the University of Georgia has identified vital characteristics of strong Black families in particular and put them into two programs that encourage their development: the [Strong African American Families \(SAAF\) and Strong African American Families-Teen \(SAAF-T\) programs](#).



The **Strong African American Families (SAAF)** Program is a 7-session program designed for youth aged 10–14 and their caregivers. The goal of SAAF is to build on the strengths of African American families and support parents and youth during the transition from early adolescence to the teen years with a specific emphasis on helping young people avoid risky and dangerous behaviors (e.g., substance use). [Learn more](#)

The **Strong African American Families – Teen (SAAF-T)** Program is a 5-session program designed for teens aged 14 – 16 and their caregivers. The goal of SAAF-T is to build on the strengths of African American families in order to promote positive development throughout the teenage years. SAAF-T focuses on reducing risks that can get in the way of positive development, with a focus on reducing substance abuse and sexual risk-taking that can lead to HIV and other STIs. [Learn more](#)



The Center is offering a training of facilitators for each of the SAAF Programs in Athens this summer. These trainings are open to new organizations that are interested in adopting the program to meet the needs of families in their communities.

SAAF training: June 25 – June 27 | SAAF-Teen training: July 10–12

Find out more

For information about SAAF programs or training facilitators in your organization to deliver SAAF or SAAF-T, contact:

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